

idp breakfast

tuesday-saturday
08:00 - 11:30

This menu offers you a sample taste of our café breakfasts
Our menu will change to reflect seasonal produce and fresh inspiration
..... so some of these items may have been replaced or amended

müesli, fruit, yoghurt & smoothies

- balí muesli - seeds, nuts, pineapple, coconut, dates & coconut milk, chia
- bîrcher muesli - soaked oats, yogurt, fruit, sweet dukkah
- fruit "pizza" - melon base, mixed berries, fruit, mint, chia & cocônut "noghurt"
- baked yoghurt - with passion fruit and seasonal fresh fruit
- greek & granola - greek yogurt with île de pâin granola & raw honey
- green hornet - banana, coconut, spirulina, mint & nut milk smoothie
- nutty coco - banana, cocoa, hemp, chia, maca, peanut butter & nut milk smoothie

bread & îdp classics

- daîly bread - today's bread basket; variations of the day; (delicate; crusty, coarse)
- bread boards - butter + preserve (choose one from companio, whole grain, baggata & rye)
- îdp ham & cheese - toasted ham and cheese
- seedy sally - nut and seed flatbread, veg pâté, vegetable ribbons, rocket
- french toast - brioche french toast, berry compôte, mascarpone cream
- boatshed breakfast - soft boiled egg, flûte soldiers, butter, preserve, coffee

eggs, pôached & scrambled

- sîmple scrambled - creamy scrambled eggs...au naturel **or** add companio toast
- super scrambled - companio toast, creamy scrambled eggs and farmstyle back bacon
- two perfect poached eggs - au naturel **or** add companio toast **and** farmstyle back bacon
- croissant egg bacon - croissant, scrambled egg, bacon
- croissant egg salmon - croissant, scrambled egg, salmon

breakfast de lûxe

- green envy - scrambled eggs, rocket, basil pesto, pumpkin seeds, shaved parmesan, whole grain bread
- total blïss - toast, warm spinach salad, creamy mushrooms, 2 poached eggs (optional bacon)
- tabouleh bowl - quinoa tabouleh, green beans, long stem broccoli, kale, soft boiled egg, horseradish mustard aioli & pumpkin seeds
- salmon deluxe - roast smoked honey mustard norwegian salmon, orange, caper & onion salad, honey orange hollandaise & soft boiled egg
- good mornîng sunshine - toast, goats cheese, hummus, sprouts & shoots, olive oil, za'atar
- add a poached egg (why don'tcha?)
- max - toasted ham & cheese, poached egg & mushroom sauce